

Portion Control

Ecclesiastes 5:10-20



Understanding the Bible:

What is the problem being expressed in this Bible passage?

How does God show up in this Bible Passage?

What do these Hebrew words mean?

awkal =

heleq =

What was your favorite song today?

Name one interesting thing you did this week.

Prayer requests:

Name. _____

Today's Bible Passage: Ecclesiastes 5:10–20

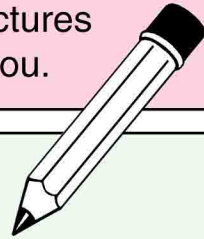
(Can you find the highlighted words?)

R L T L I N C R E A S E
 W H E N S M P C N U G V
 E A D B M E N G O O D I
 A U A B E A G V U D F L
 L U Y L D N E M G E I I
 T L S N I I E B H P N T
 H A U H R N F F P A C T
 E B T G S G H S I R O L
 A O T O I L R O U T M E
 N R N E V E R Y O N E Y
 P M C O N S U M E R S E
 M P Y W B S L I F E N S
 C L O V E S F E A S T C

Whoever **loves** money **never** has **enough**; whoever **loves** **wealth** is **never** satisfied with their **income**. This too is **meaningless**. As goods **increase**, so do those who **consume** them. And what **benefit** are they to the **owners** except to **feast** their **eyes** on them? The **sleep** of a laborer is sweet, whether they eat **little** or much, but as for the rich, their **abundance** permits them no **sleep**. I have seen a **grievous evil** under the sun: **wealth** hoarded to the harm of its **owners**, or **wealth** lost through some misfortune, so that **when** they have children there is **nothing** left for them to inherit. **Everyone** comes naked from their mother's womb, and as **everyone** comes, so they **depart**. They take **nothing** from their **toil** that they can carry in their hands. This too is a **grievous evil**: As **everyone** comes, so they **depart**, and what do they gain, since they **toil** for the wind? All their **days** they eat in darkness, with great frustration, affliction and anger. This is what I have observed to be **good**: that it is appropriate for a person to eat, to drink and to find satisfaction in their toilsome **labor** under the sun during the few **days** of **life** God has given them—for this is their lot. Moreover, **when** God gives someone **wealth** and possessions, and the ability to enjoy them, to accept their lot and be happy in their **toil**—this is a gift of God. They seldom reflect on the **days** of their **life**, because God keeps them occupied with gladness of heart.

Rejoice in all the good things God has given you!

Trace the letters below. Draw pictures
of the things God has given you.



REJOICE

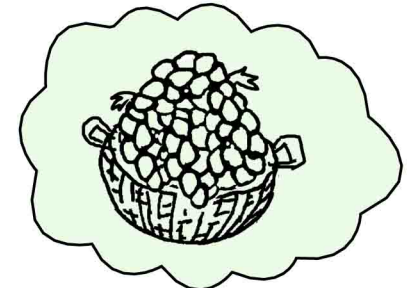
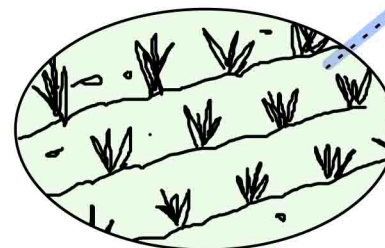
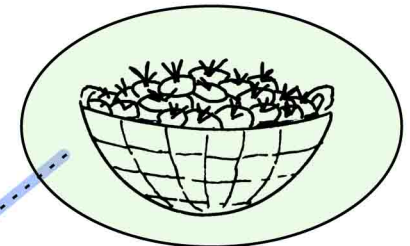
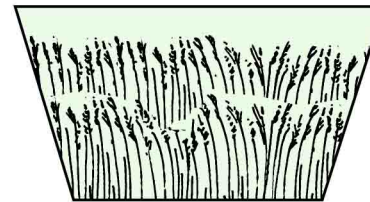
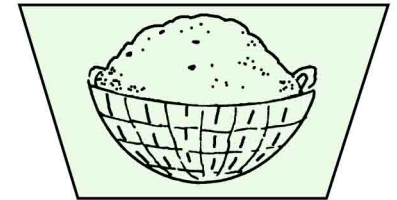
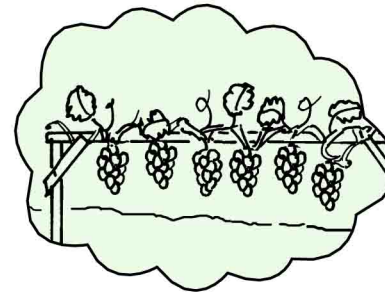
Ages 3+

November 21, 2021 • Deuteronomy 26:1-11

First Fruits

God told the Israelites
to gather the fruits of the harvest.

Match the shapes.



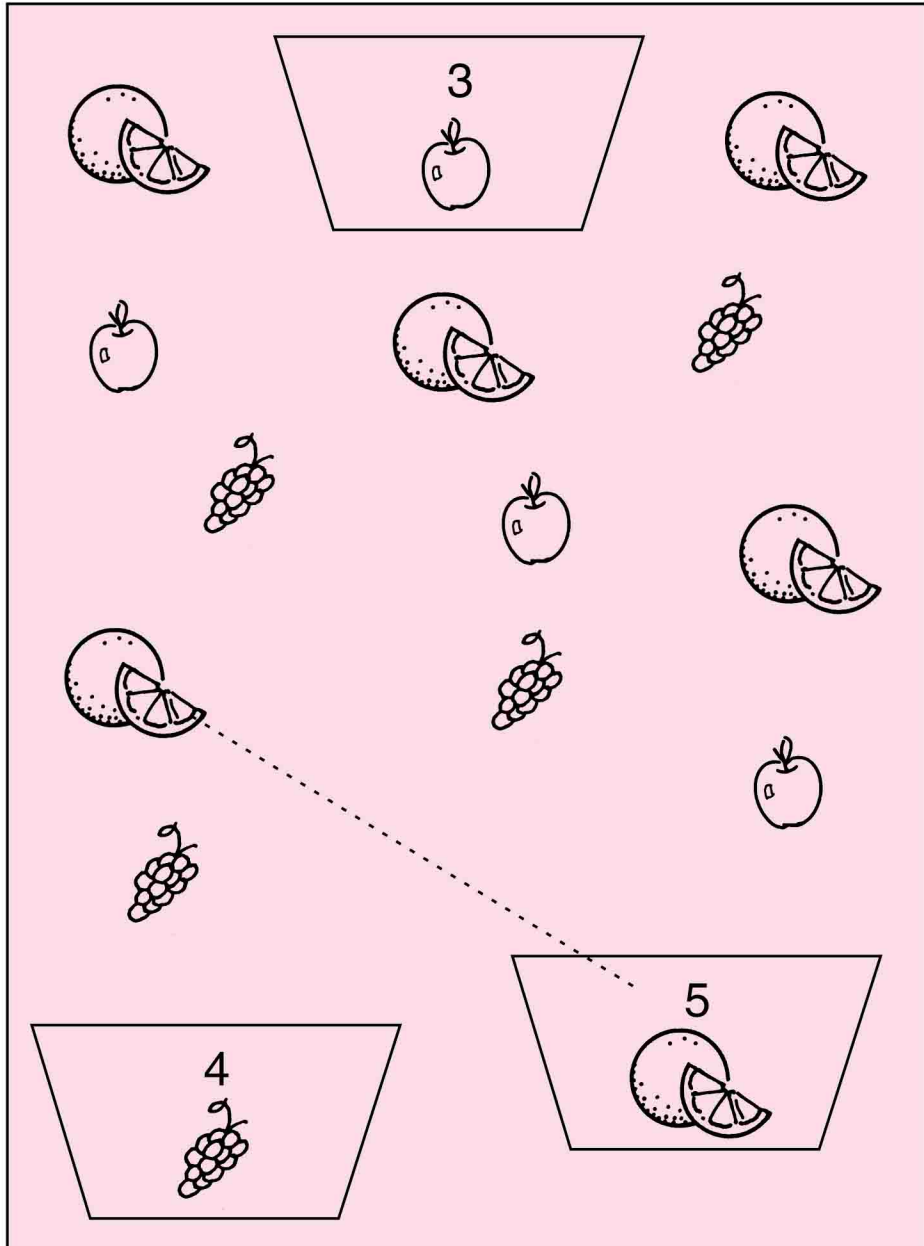
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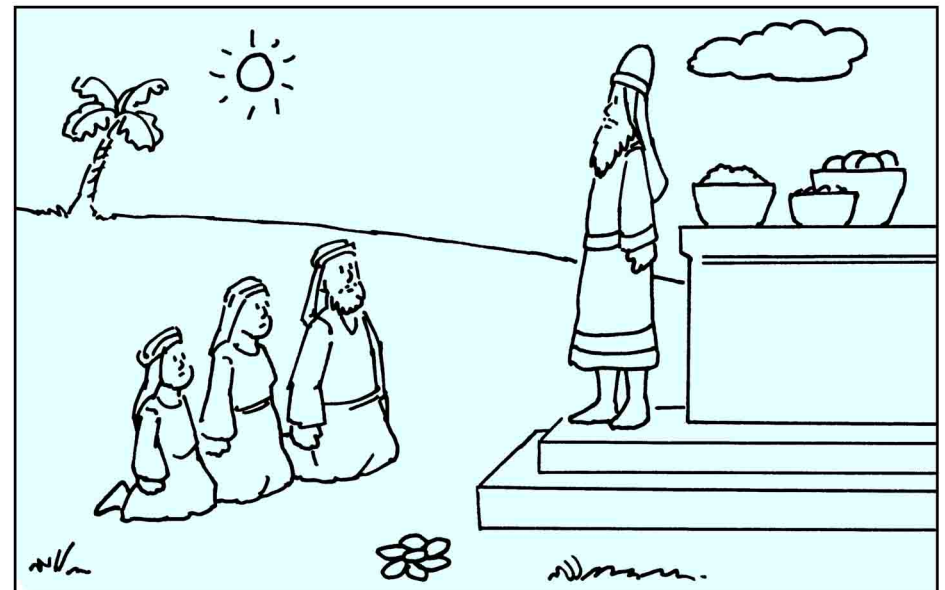
God told them to put the first fruits in a basket.

Draw lines to put the fruits in the correct baskets.



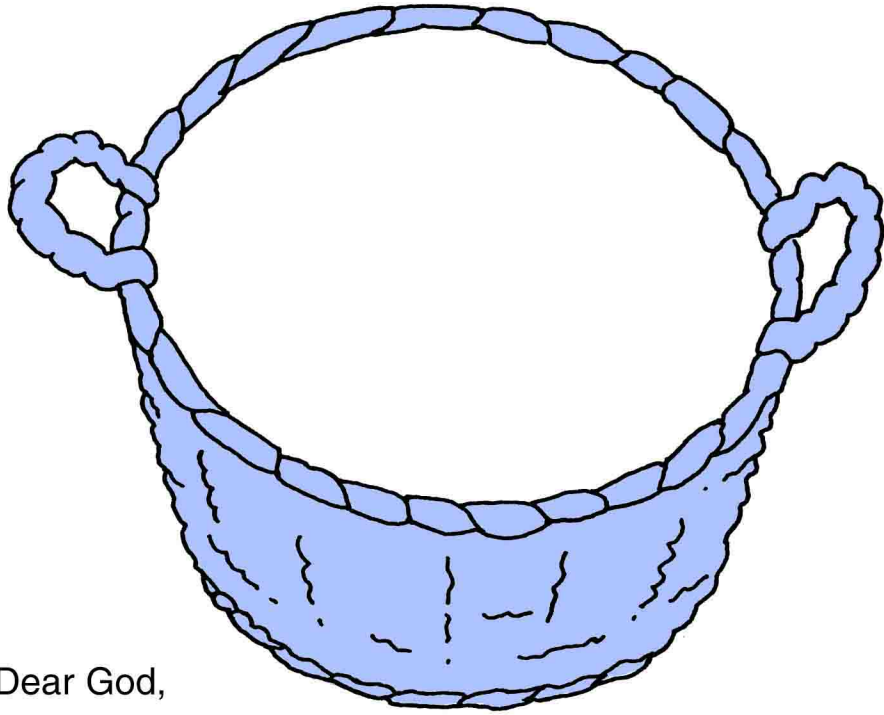
The Israelites were to place the baskets before God.

Circle 9 differences in the 2nd picture.





Fill this basket with the things you are thankful for. Write the words, draw the pictures, or both! Then under the basket write a prayer of thanksgiving to God.



Dear God,

Your friend, _____

Ages 7+

November 21, 2021 • Deuteronomy 26:1-11

First Fruits

Read these definitions of things for which we are thankful. Write the word in the squares. The darker boxes spell a special word.



- Liquid to nourish body and earth
- A place to live
- Basic food, comes in loaves
- It lights our day; warms the earth
- Slang for children
- God's son
- Things to wear
- Life-giving water from the sky
- Feeling in your heart toward someone
- Group of relatives
- People who care about us
- Our heavenly Father



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