

The Bible often reminds us that in our attempts to seek out God, it is always in fact God who is seeking our hearts.

vs 1-6 — the God who is _____

- to be loved by God means being known and accepted by God

vs 7-12 — the God who is _____

- God's continual presence means God can be trusted

vs 13-18 — the God who is _____

- God holds the past and the future in full awareness

vs 19-24 — the God who is _____

- God remains faithful even in times of distress or trouble

baptism is about _____ promises to _____

Jesus gave himself on the cross to wash away the guilt of my sin before I was even aware that I am a sinner in need of a savior

You First

Psalm 139:1-24 (NIV)

¹ You have **searched me**, LORD, and you **know me**.

² You know when I sit and when I rise; you perceive my thoughts from afar. ³ You discern my going out and my lying down; you are familiar with all my ways. ⁴ Before a word is on my tongue you, LORD, know it completely. ⁵ You hem me in behind and before, and you lay your hand upon me. ⁶ Such knowledge is too wonderful for me, too lofty for me to attain.

⁷ Where can I go from your Spirit? Where can I flee from your presence? ⁸ If I go up to the heavens, you are there; if I make my bed in the depths, you are there. ⁹ If I rise on the wings of the dawn, if I settle on the far side of the sea, ¹⁰ even there your hand will guide me, your right hand will hold me fast. ¹¹ If I say, "Surely the darkness will hide me and the light become night around me," ¹² even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.

¹³ For you created my inmost being; you knit me together in my mother's womb. ¹⁴ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. ¹⁵ My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. ¹⁶ Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be. ¹⁷ How precious to me are your thoughts, God! How vast is the sum of them! ¹⁸ Were I to count them, they would outnumber the grains of sand— when I awake, I am still with you.

¹⁹ If only you, God, would slay the wicked! Away from me, you who are bloodthirsty! ²⁰ They speak of you with evil intent; your adversaries misuse your name. ²¹ Do I not hate those who hate you, LORD, and abhor those who are in rebellion against you? ²² I have nothing but hatred for them; I count them my enemies. ²³ **Search me**, God, and **know my heart**; test me and know my anxious thoughts. ²⁴ See if there is any offensive way in me, and lead me in the way everlasting.



You First

Psalm 139



Understanding the Bible:
What is the problem being
expressed in this Bible passage?

How does God show up in this Bible Passage?

According to today's Bible passage, where are all the
places in which God's Spirit is still with us?

My favorite song today:

Things I will pray for this week:

Today's Bible Passage: Psalm 139:1-18

(Can you find the highlighted words?)

D H D K P E R C E I V E
D I S C E R N O V T E C
E T O N G U E M E E S C
P O A F A R S P N A W V
T G F K L M P L I G H T
H E K N O W L E D G E K
S T H O U G H T S C N I
U H N W O N D E R F U L
C E M F A M I L I A R O
H R A W C H L Y I N G R
H E D A S E A R C H E D
V I E Y E S R N I G H T
Y R I S E W O R D A R K

You have **searched** me, **LORD**, and you **know** me. You **know when** I sit and **when** I **rise**; you **perceive** my **thoughts** from **afar**. You **discern** my going out and my **lying** down; you are **familiar** with all my **ways**. Before a **word** is on my **tongue** you, **LORD**, **know** it **completely**. You hem me in behind and before, and you lay your

hand upon me. **Such knowledge** is too **wonderful** for me, too lofty for me to attain. Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are **there**; if I make my bed in the **depths**, you are **there**. If I **rise** on the wings of the dawn, if I settle on the far side of the sea, **even there** your **hand** will guide me, your right **hand** will hold me fast. If I say, "Surely the darkness will hide me and the **light** become **night** around me," **even** the darkness will not be **dark** to you; the **night** will shine like the day, for darkness is as **light** to you. For you created my inmost being; you knit me **together** in my mother's womb. I praise you because I am fearfully and wonderfully **made**; your works are **wonderful**, I **know** that full well. My frame was not hidden from you **when** I was **made** in the secret place, **when** I was woven **together** in the **depths** of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be. How precious to me are your **thoughts**, God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand— **when** I awake, I am still with you.